

En L'air

Academy of Dance and Aerial



2023/2024 Season Guide



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2023/2024 Season

Page 1: About us

Page 2-5: Recreation

Page 6-7: Uniform Requirements

Page 8-14: Professional Division

Page 15-16: Pre-Professional Division

Page 17-21: Cirque En L'air

Page 22: Creative Tots

Page 23: Policies



About Us

En L'air is dedicated to inspiring young performing artists to find their passion in Dance and Aerial while providing them the solid base of technique, diverse experiences and life skills to set them up for successful futures in the performing arts industry or any career path.

En L'air Academy of Dance and Aerial offers classes in Aerial silks, Aerial hoop/lyra, Acrobatic Dance, Hand balancing and contortion, Ballet, Jazz, Tap, Lyrical, and Musical Theatre. En L'air is a welcoming learning environment where students are offered, tried and tested on a syllabus material to ensure continued growth while respecting safe progressions.

Our Studio

En L'air features 3 dance studios, an engineer-certified rigging system, live lift systems, and large double-layered mirrors to provide an elite training experience for our students. Safety is a priority at En L'air, the level of thought and care that went into designing our new space is something we are incredibly proud of.



Recreation Program

Our Recreational classes are designed to build a love for movement whether it be dance, aerials, or acrobatics. Students are introduced to the fundamentals of technique and basic performance.

9 Month Classes

Our 9-month classes are recommended for students who are wanting to commit for an entire season. All 9-month classes participate in our **mandatory year-end recital in June**.

These classes focus on technique and developing a focused skillset. They keep your children learning, developing, and progressing through levels.

All 9-month classes participate in the June Recital and are also charged for costumes.

Please expect **between \$80.00-\$115.00 per costume** per class.

A **one-time recital fee of \$30.00** (this includes the cost of a video recording you will receive after the show).

These fees are non-refundable.

See Pricing on following page.

If students are wanting to participate in an additional performance, they are welcome to opt. in to participating in our Optional Winter Show Performance in December. These Rehearsals will take place on Sunday's leading up to the show. An additional cost of \$120.00 + GST will be charged to cover tuition. Costumes for this show will be DIY. To opt. in to this show you will need to register for the Winter Show Performance Class on Sundays.

Sessional Classes

We run semester-long classes for level 1 beginner students so they can get a feel for which styles are their favorite before committing to the full season. Adults classes are also run in sessions for all levels. These classes are often between 10 and 12 weeks in duration depending on the semester and dates of holidays.



Recreation Pricing

9-Month Aerial Silks and Lyra classes: \$98.00 + GST paid monthly over 9 months **OR** \$882.00 + GST for the year.

9-Month Dance and Acro Classes: \$68.00 + GST paid monthly over 9 months **OR** \$612.00 + GST for the year.

We offer discounted rates for students that register in more than 1 class.

2 Classes 5% off total registration

3 Classes 10% off total registration

4 Classes 15% off total registration

5 Classes 20% off total registration

6 Classes or more- Unlimited Pass \$300 +GST fixed tuition per month for 9 months or \$2,700.00 + GST per season. - Priced for 1 child.

****For families adding additional children or family members to the pass: an additional \$110/month per add on.*

The unlimited pass includes a maximum of 4 aerial classes per child and a maximum of 2 Creative Tots Club Classes per child. Physiotherapists recommend children who are starting intensive training do not take more hours than their age ie. 6 years old=6 classes. Students must be registered for classes they attend to ensure accurate numbers in class. As they are taking a spot in class, they must attend the classes they are registered for and withdrawal may incur a withdrawal fee.

Private Lessons: \$1.25/minute for registered student members and \$1.75/minute for non-registered students. Private lessons must be a minimum of 30 mins.

Sessional Pricing

12 Week Aerial Silks and Lyra classes: \$294.00 + GST for the session.

12 Week Dance and Acro Classes: \$210.00 + GST for the session.

(If a session is shorter than 12 weeks prices are adjusted)



Recreation Program

Dance Styles

Aerial Silks: Uses dance, technique, strength, and fitness combined to create a beautiful acrobatic dance in the air using the support of a fabric-based apparatus. Students learn knots, flips, hangs, and strength poses in a comfortable environment using properly developed progressions for safety. We also incorporate floor skills into our curriculum and training to create well-rounded performers.

Aerial Hoop/Lyra: Uses dance, technique, strength, and fitness combined to create a beautiful acrobatic dance in the air using the support of a steel hoop apparatus. Students learn poses, flips, hangs, entries, and exits in a comfortable environment using properly developed progressions for safety. We also focus on floor skills and training to create well-rounded performers.

Jazz: Jazz is a dance style that was born at the beginning of the 20th century and holds roots in African dance. Over the years Jazz has evolved into being one of the most popular styles in the dance world. We train our students using the ADAPT Jazz Syllabus, which focuses on teaching through progressions and creating strong technical dancers and performers.

Ballet: Ballet is graceful, elegant, and is the most technical discipline, providing a strong solid base for all other dance styles. Students will learn focus, balance, flexibility, strength, and overall technique as they work with Barre exercises, steps across the floor, and center exercises all specifically designed for the class skill level. We train our students using the RAD Syllabus which includes classical ballet and character ballet to help dancers build strong technique while developing strong performance and characterization skills.



Recreation Program

Acro: Acrobatic Dance is a style of dance formed from gymnastics and dance; students learn to properly and safely execute acrobatic tricks in seamless combination with more traditional dance steps. This style improves conditioning, strength, flexibility, agility, and control. We train our students using the Acrobatic Arts syllabus which is based on safe and effective progressions with proven results in five divisions of AcroDance: Flexibility, Strength, Balancing, Limbering and Tumbling.

Musical Theatre: This fun fusion of singing, dancing, and drama will help children develop skills in performing arts and theatre techniques. Students will build vocal abilities, dance techniques, stage presence, and the capabilities to take on a character role. In this class, students will explore vocal training exercises, drama, and improv. games, dance steps across the floor, and in the center.

Lyrical: Lyrical is a softer style of dance focusing on the emotion behind movement and expression through dance. It is danced to ballads and slower songs with a focus on the expression of the body and face while executing movements with proper Jazz/ Ballet technique.

Hip Hop: Hip Hop is a fun style working with modern hip hop and rap music (all music in the studio is clean) this style has more sharp and dynamic movements and is hard-hitting and artistic. Break Dance is the acrobatic side of hip-hop and is a style of dance formed from acrobatic tricks in seamless combination with basic hip-hop steps. Students dance to their favorite (age-appropriate) hip hop tunes and will learn footwork, stalls, and freezes, popping and locking, get downs and so many more cool tricks. This class will explore improvement, conditioning, musicality, agility, control, and strength.

Uniform Requirements

Circus Aerials

Option 1 (Feminine):

Black t-style or tank leotard, nude stirrup tights, bare feet.

Option 2 (masculine):

Black, white or grey leotard, biketard or unitard, bare feet.

Lycra or neoprene protective arm, wrist or waist wear is permitted in high level lyra classes and straps.
(available for purchase)

Acro

Option 1 (feminine):

Black t-style or tank leotard, black shorts and/or nude stirrup tights, bare feet.

Option 2 (masculine):

Black, white or grey leotard, biketard or unitard, bare feet.

Jazz

Option 1 (feminine):

Black t-style or tank leotard, nude stirrup or convertible tights, nude slip-on jazz shoes.

Option 2 (masculine):

White fitted shirt tucked in, black fitted shorts, nude slip-on jazz shoes.

Lyrical

Option 1 (feminine):

Black t-style or tank leotard, nude stirrup tights, bare feet.

Option 2 (masculine):

Black, white or grey leotard, biketard or unitard, bare feet.

Musical Theatre

Option 1 (feminine):

Black t-style or tank leotard
Nude stirrup or convertible tights, nude character shoes.
Optional skirt of choice.

Option 2 (masculine):

White fitted shirt tucked in, Black fitted shorts, nude jazz shoes.

Ballet

Option 1(feminine):

RAD grades 1-5: Navy blue leotard.

RAD grades 6+: Black leotard skin tone convertible tights (stirrups acceptable for class), black character skirts with blue ribbons, skin tone canvas ballet slippers, black canvas character shoes with pink or nude elastic.

Hair in a clean ballet bun, no bangs or wisps

Option 2 (masculine):

White fitted shirt tucked in, black fitted leggings or shorts, black ballet shoes.

Hip Hop

Plain white t-shirt,
Black sweatpants/joggers,
white converse sneakers.

Tap

Option 1 (feminine):

Black t-style or tank leotard beige stirrup tights beige tap shoes. Optional black shorts or black skirt.

Option 2 (masculine):

White fitted shirt tucked in or white T style leotard, black fitted shorts, nude tap shoes.



Reminder for all classes: Undergarments must not be visible and bras should be of skin-tone colour.
Underwear should not be shown when wearing a leotard

Uniform Requirements

Tiny Tumblers

Option 1 (feminine): Black t-style or tank leotard, black shorts or nude stirrup tights, barefoot.

Option 2 (masculine): Black, white or grey leotard/biketards or unitard, barefoot.

Tiny Tappers

Option 1 (feminine): Black t-style or tank leotard, nude stirrup tights, nude Tap shoes. Optional black shorts or skirt.

Option 2 (masculine): White fitted shirt tucked in, black fitted shorts, nude tap shoes.

Tiny Boppers

Plain white t-shirt, black sweatpants/joggers, white converse sneakers.

Tiny Dancers / Pre Ballet

Option 1 (feminine): Pink or black t-style or tank leotard, nude convertible tights, nude ballet shoes. Optional skirt or tutu of choice.

Option 2 (masculine): White fitted shirt tucked in or white short sleeved leotard, black fitted shorts, nude ballet shoes.

We are excited for all our new students joining us in September!

We sell all our uniform requirements at the studio, with exception of black canvas character shoes.

We have limited supply of beige character shoes and tap shoes in stock, and can order size upon request**

Reminder for all classes: Undergarments must not be visible and bras should be of skin-tone colour. Underwear should not be shown when wearing a leotard



Creative Tots

Over the course of the session, your child will learn **Dance, Drama, Singing, Gymnastics, and Yoga**. This program will prepare your child for any extracurricular activity in the world of performing arts. We explore each art form in every class for the best progression and prepare a showcase of a few things they have learned at the end of the session. We explore a different theme each week so no class is ever the same while maintaining a few exercises for consistency and progression.

Staying or Dropping Off

This is a transitional program, preparing children for independence. Parents are welcome to stay as long as they feel necessary and for however many classes are necessary though it will of course always depend on your child. For children that are already fairly independent you may leave as soon as we are done going over orientation, but for children who need a little more support or have not been left alone before we recommend:

Class 1 - Stay full class if needed

Class 2/3 - Leave when your child is comfortable or for the last 1 hour of class

Class 4 - leave for the whole class if you feel your child is ready.

When you do leave please initial the sign-in sheet

Times and Pricing

Tuesday 9:00-12:00 pm : \$345.00/12 weeks

Wednesday 9:00-12:00 pm : \$345.00/12 weeks

Thursday 9:00-12:00 pm : \$345.00/12 weeks

Thursday 12:30-3:30 pm : \$345.00/12 weeks

Friday 9:00-12:00 pm : \$345.00/12 weeks

Saturday 9:00-12:00pm : \$345.00/12 weeks



Policies

Cancellation Policy

15 days before the session or semester start: Cancelling will result in a full refund.

Cancellation within 15 days of session or semester start: will result in a 25% penalty.

Once classes are started: 1-month notice in writing must be given and a refund will be issued for classes remaining after 1 month from cancellation submission; in the case that the notice is not given 1 month of services will be charged to the account. Recital, costume, ticket, competition, and production fees are non-refundable.

Dropping or canceling a class within 2 weeks of a recital you or your child is due to participate in: will incur a re-spacing fee of \$20 per piece to cover any extra rehearsal time needed and added stress on the other students in the class). No Refunds will be granted.

Private Lesson Cancellations: All Private lesson cancellations must give 24 hours notice or there will be a \$15.00 no show/late fee applied to the account.

Holidays and Studio Cancellation: En L'air Academy recognizes statutory holidays, and these are calculated into your tuition based on short sessions or 9 month semesters. In the case of cancelations by the studio (snow days or instructor absence without sub) the classes missed may first be granted a make up class based on availability , or in the occasion that there is not availability, studio credit will be applied to the account for the class missed.

Additional Fees: The account holder must understand there may be costume and recital fees applicable to the desired classes. By registering for recital classes you accept responsibility for costume fees, recital fees, and recital participation. Recital, costume, ticket, competition, and production fees are non- refundable.

Exam Fees: Altitude Exam fees are refundable up to two weeks after exam dates have been released.

Yearly Auto Renew: All students enrolled in 9 and 6 month class are auto-reregistered for the 2024/2025 season in their recommended level and season deposit is taken out on May 15, 2024. Unless written communication to cancel has been made prior to. All deposits are fully refundable until 1 month before classes start.



Policies

Payment Application

All payments are applied to tuition first and to costumes, recital, performance fees after outstanding tuition balance has been paid.

Recital Participation

All students registered in 9 and 6-month classes are expected to participate in the recital. If there is a medical reason why your child cannot do a recital a doctor's note will be requested to excuse the child from recital participation.

Any unpaid balances on accounts will result in your child being unable to perform in recitals, showcase, and/or competitions.